

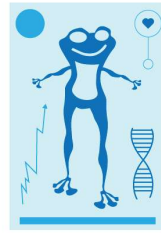
WORKING IN...

PHYSICAL EDUCATION



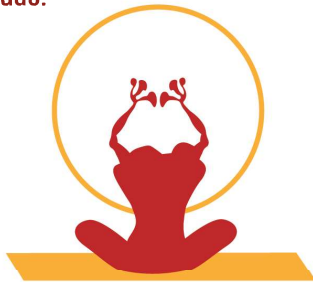
SPORTS

- **STUNT PERFORMER**
Stand in for actors when the script calls for anything dangerous or specialised to be done on a film or TV set.
- **SPORTS COACH**
Teach sports skills to individuals and teams of all sporting abilities.
- **SPORTS PROFESSIONAL**
Skilled and talented sportsmen and women, who are paid to compete in their chosen sport.



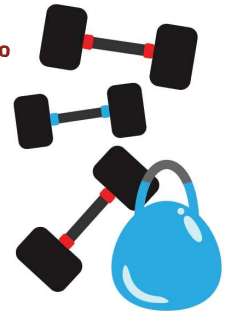
TEACHING AND TRAINING

- **FITNESS INSTRUCTOR**
Organise exercise programmes to improve people's health and fitness.
- **OUTDOOR ACTIVITIES INSTRUCTOR**
Lead trips and teach skills in activities like hill walking, climbing, canoeing, skiing and snowboarding.
- **YOGA TEACHER**
Teach yoga as a form of exercise to increase fitness and well-being.
- **MARTIAL ARTS INSTRUCTOR**
Teach martial arts like karate, jujitsu or judo.



BUSINESS AND COMMUNITY

- **SPORTS DEVELOPMENT OFFICER**
Organise projects and training to encourage people to take part in sport and have a healthier lifestyle.
- **SPORTS AGENT**
Negotiate employment contracts for their clients.
- **SPORTS COMMENTATOR**
Describe and analyse what's happening at sporting events for listeners and viewers.



NUTRITION

- **NUTRITIONIST**
Use their scientific knowledge of food to give information and advice about the effects of diet and nutrition on health and wellbeing.
- **DIETITIAN**
Diagnose and treat people with nutrition problems, and help people make healthy lifestyle and diet decisions.
- **NATUROPATH**
Try to improve their clients' health through natural therapies.



SKILLS REQUIRED

- communication skills
- analytical skills
- determination
- sporting ability
- resilience

SALARY

Fitness instructors:
UK annual median: £20,843

Sports and fitness occupations:
Top 3 regions: East of England (£24,611), Scotland (£24,089), Wales (£23,698)

PROSPECTS

Culture, media, and sports occupations:

UK growth: +6.2% from 2017 to 2027, creating 52,227 jobs

London growth: +5.3% from 2017 to 2027, creating 14,065 jobs

Visit Unifrog's Careers library for more information!