



JSTC



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E-Safety



Parents' Guide

What is E-Safety and what does it involve?

- E-Safety concerns safeguarding children and young people in the digital world; emphasising learning to understand and use new technologies in a positive way.
- E-Safety is less about restriction and more about education of the risks as well as the benefits, so we can feel confident online, supporting children and young people to develop safer online behaviours both in and out of school.
- E-Safety is also about informing young people where to seek help and advice on e-Safety issues and reporting.

What do we do at JSTC to support this?

- Educating our students through PSHE and ICT lessons
- Creating suitable resources for the students to take home such as the Student E-Safety Guide
- Hosting assemblies to support and guide them on how to interact online.
- Support from external agencies when educating our students



Key members of staff at JSTC for support

Mr R Thornalley	<i>Designated Safeguarding Leader</i>
Miss H Elias	<i>E-Safety Officer</i>
Ms J Shorrock	<i>Headteacher</i>

If you wish to discuss any concerns or issues you may have with internet safety, please don't hesitate to contact the school and ask to speak to any of those listed above.

Your child will have a Progress Leader and Team assigned to them to provide support throughout the academic year. The Team will be happy to provide support where necessary should you have any concerns.





E-Safety during 'COVID'



During lockdown it is understandable that your child will be using their smartphones and gaming platforms more, in order to stay in touch with friends and for leisure time. It is not a bad thing for children to be on the internet, we want them to be safe in the physical and cyber world.

It is advised to be extra vigilant with online internet safety with your child during this time. There are many different 'scams' and trends appearing online during lockdown to encourage people to take part and potentially leave themselves vulnerable.

It can be hard to know how to talk to your child about online safety. From setting up parental controls to advice on sexting, online games and video apps, we can help you to understand the risks and keep your child safe.

Average child posts
26 times a day on
social media - but
only 6 - out of 10
followers are really
friends





Tips for Parents



- 1) Limit screen time for your child.
- 2) Encourage alternative activities that do not require a mobile electronic devices.
- 3) Engage and encourage conversations with your child about what they look at online, what platforms they use and who they talk too.
- 4) Check privacy settings on all platforms; we recommend these are set to 'Private'.
- 5) Be supportive about any concerns or issues they may have.
- 6) Remind them of their responsibility; talk to your child about their responsibility when they use the internet—what is said online, stays online.
- 7) Help them manage their **online reputation**—Remind them that they should only post things online that they wouldn't mind you, their teacher or a future employer seeing.
- 8) Give your passwords a 'makeover' - ensure your passwords are **strong** and are not shared with others.
- 9) Check attachments and pop ups for viruses before your child clicks or downloads anything.



Learning at home

During these uncertain times, we are doing everything we can as a school to support our students and their education. We will be providing resources and homework tasks on ClassCharts for students to complete, whether they are being educated on or off-site.

Students will have access to a number of learning platforms, that require internet access to complete different activities set by their class teacher.

- **BedRock Learning**
- **MathsWatch**
- **Hegarty Maths**
- **Kerboodle**
- **Active Learn**

Our students will be able to upload any completed homework tasks straight onto ClassCharts for their teachers to oversee and provide feedback. If the work has been handwritten, you can simply take a photograph and upload the photo showing the completed work.

If you would like any support with ClassCharts or you need another copy of your access code to be able to log in to Class Charts, please email Office@jstc.org.uk outlining your query and someone will get back to you.



At John Spendluffe, your child's safety and education is paramount to us.

The Internet is an amazing place. Kids can play, create, learn and connect – the possibilities are endless. But there are also risks. They vary depending on the platform that your child may use.

We have listed all the apps and gaming forums that your child has access to and will most likely be using. We as a school have further resources to support you with each of the sites listed.

We encourage you to ask your child what apps, games or sites they use frequently; allowing you to understand how your child uses the internet and interacts with others.

Facebook	Instagram	Snapchat
Twitter	Reddit	Houseparty
Discord	KiK	Whatsapp
TikTok	Likee	PS Online
ROBLOX	Tumblr	XBOX Online



Useful websites for adults

Childnet

Advice and useful resources for parents, carers and young people.

<http://www.childnet.com/resources>

ThinkUKnow

Support and useful resources for parents, carers and young people. Resources are available for children also.

<https://www.thinkuknow.co.uk/parents/>

NSPCC

Resources and support platform for advice on key topics and issues around e-safety.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

